

Fremont Area District Library Press Release

FOR IMMEDIATE RELEASE

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Winter Reading, New Young Adult Book Club, Healthy Living, & More at Fremont Library

The Fremont Area District Library is planning to host several fun and educational events in January for the whole family. These events are FREE, as always.

The **Winter Reading Challenge** for all ages is back this year beginning January 2nd, and runs through March 3rd. Children can sign up in the Children's Department and teens and adults can sign up at the Reference Desk. Each age group will get a reading log with a challenge to complete, and when finished, you can bring it in for a prize. Teens will also be entered into raffle drawings for each book read. Winter Reading is generously sponsored by Koffee Kuppe and Friends of the Fremont Area District Library.

Storytimes will begin again and run from January 18th-April 13th. Toddler Storytime, for babies and toddlers up to age 3, will be held on Wednesdays at 10:00 a.m., and Family Storytime for children up to age 5 will be held on Thursdays at 10:00 a.m. A special **Snowman Saturday Storytime**, for children up to age 5 will be on January 28th at 11:00 a.m. in the Community Room in partnership with the Fremont Area Chamber of Commerce's Cabin Fever events. We'll also be showing *Disenchanted* (PG; 119 min) as our **Afternoon Movie** on Thursday, January 26th at 3:30 p.m. Snacks will be served, and all are welcome.

We'll show the new Elvis movie for our **Movie Monday** on January 9th at 2:00 p.m. (PG-13; 159 min). Snacks will be provided. **Junk Journaling** for ages 10 and up will take place on Thursday, January 12th anytime between 6:00-8:00 p.m. This is a scrapbooking and journal hybrid. Use up what you have and supplement with found, recycled, repurposed and thrifted items. Materials provided.

A presentation on **Healthy Living for Your Brain and Body** for adults of any age will take place on Wednesday, January 11th at 2:00 p.m. Learn 7 tips for keeping your brain and body healthy based on the latest research. Includes a 4-page participant workbook to help you create your own plan for healthy aging, presented by the Alzheimer's Association.

The **Wednesday Readers** Book Group will meet on Monday, January 9th at 7:00 p.m. to discuss *Girl with the Louding Voice* by Abi Dare. The **Non-Fiction Book Discussion** will meet on Monday, January 16th at 6:00 p.m. to discuss *Midnight Rising* by Tony Horowitz. The **Daytime Book Group** will meet on Thursday, January 26th at 12:30 p.m. to discuss *Radium Girls* by Kate Moore. Plus, we are starting a brand new book group for both high schoolers and adults called the **Young Adult Book Club**. This group will be reading young adult books, and the first meeting will include **free pizza!** Please call 231-928-0256 or see the Reference Desk to let them

know you plan to attend so we can order the right amount of pizza for the first meeting on January 31st at 3:30 p.m. by the North Fireplace where we will discuss details of the book club. Anyone is welcome to join these book groups. Books for these groups are available at the library's front desk ahead of the meeting if you'd like to check out a copy and join the group.

For more information about any of these events, please contact the library at 231-924-3480 or visit www.fremontlibrary.net.